

Students

Student Health Services

The Hamden Board of Education recognizes the need to promote, protect, maintain and improve the health of students in order to allow each student to achieve their greatest educational potential. In order to do this the Board will provide nursing services in district schools. The Board also employs the professional services of a School Medical Advisor, Nurse Coordinator and appropriate professional support services. The Superintendent or designee shall manage these health services. Health services shall be directed toward detection, prevention, on going monitoring of health problems and to provide emergency interventions.

- Legal Reference: Connecticut General Statutes
- 10-203 Sanitation.
 - 10-204 Vaccination.
 - 10-204a Required immunizations.
 - 10-204c Immunity from liability
 - 10-205 Appointment of school medical advisors.
 - 10-206 Health assessments.
 - 10-206a Free health assessments.
 - 10-207 Duties of medical advisers.
 - 10-208 Exemption from examination or treatment.
 - 10-208a Physical activity of student restricted; boards to honor notice.
 - 10-209 Records not to be public.
 - 10-210 Notice of disease to be given parent or guardian.
 - 10-212 School nurses and nurse practitioners.
 - 10-212a Administration of medicines by school personnel
 - 10-213 Dental hygienists.
 - 10-214 Vision, audiometric and postural screening: When required; notification of parents re defects; record of results. (As amended by PA 96-229 An Act Concerning Scoliosis Screening)
 - 10-214b Compliance report by local or regional board of education.

Policy adopted: December 14, 2004

HAMDEN PUBLIC SCHOOLS
Hamden, Connecticut

Students

Student Health Services

The following statement of regulations of the student health program is for the information and guidance of persons concerned with the health and welfare of school children and for better understanding among school personnel, school nurses and parents/guardians.

I. Personnel

A. School Medical Advisor

1. The school Medical Advisor is appointed by the Hamden Board of Education.
2. The role of the school Medical Advisor is based on the Connecticut Advisor School Health Council Report, 19971. The role includes responsibilities to:
 - a. Plan and implement the school health program to fit the needs of the school population. This should be carried out in collaboration with the Coordinator of School Nursing and school administrators.
 - b. Review, evaluate and revise (as needed) the school health program collaboratively with the Coordinator of School Nursing and school administration, on a regular basis.
 - c. Participate in school health activities through membership on appropriate committees, such as school health council.
 - d. Consult with the Coordinator of School Nursing in the development of nursing protocols for the assessment and management of students' health care problems.
 - e. Provide consultation, and when appropriate, medical direction to the Coordinator of School Nursing and school nurses regarding in-school management of student medical problems.
 - f. Provide student health assessments (when necessary) as required by state statute and Hamden Board of Education policy.
 - g. Provide standing orders for medications related to the provision of student health care.
 - h. Participate in the establishment of screening and referral procedures.
 - i. Promote the immunization program as required by state statute and Hamden Board of Education policy.
 - j. Consult with planning and placement teams, as needed, when medical problems interface with education.

Students

Student Health Services (continued)

I. Personnel (continued)

A. School Medical Advisor (continued)

- k. Consult with school personnel responsible for health education and act as a resource, as needed.
 - l. Participate in continuing education and inservice programs for school personnel, as needed.
 - m. Make recommendations regarding environmental health problems within the school system in consultation with local public health personnel and school health personnel.
 - n. Assist in formulation of specific policies and procedures for the school sport program in collaboration with the Director of Health, PE and Athletics and Coordinator of School Nursing.
 - o. Provide consultation to Hamden Board of Education with regard to the implementation of employee health programs.
 - p. Interpret the school health program and policies to parents, other health care providers, the community and the media.
3. The above responsibilities may be delegated to the Coordinator of School Nursing as appropriate to the professional qualifications of the Coordinator of School Nursing.

B. Coordinator of School Nursing

- 1. The Coordinator of School Nursing works under the clinical supervision of the School Medical Advisor.
- 2. The Coordinator of School Nursing will be appointed as the designated qualified School Nurse by the Hamden Board of Education.
- 3. The Coordinator of School Nursing will possess the professional qualifications of an advanced clinical practice pediatric nurse and administrator according to the job description.
- 4. The role of the Coordinator of School Nursing is based on the Connecticut Advisory School Health Council Report, 1997. The role includes responsibilities to:
 - a. Plan, implement and evaluate the school health services program collaboratively with the School Medical Advisor and cooperatively with school administrators.

Students

Student Health Services

I. Personnel (continued)

B. Coordinator of School Nursing (continued)

- b. Develop policies and procedures for a comprehensive school health services program in collaboration with the School Medical Advisor and other school personnel.
- c. Ensure that safe, up-to-date clinical nursing policies, procedures and protocols are formulated, in accordance with ANA Standards of Clinical Nursing Practice and NASN Standards of School Nursing Practice, and utilized by the Hamden school nursing staff.
- d. Provide administrative direction for the department and staff, including staff assignments, schedules, budget preparation, job descriptions, hiring, etc.
- e. Develop and implement a system for data collection and analysis to demonstrate needs and trends in student health and school health services.
- f. Provide clinical consultation to nursing staff.
- g. Provide supervision of nursing staff, including performance evaluations.
- h. Promote and monitor compliance with health assessments and immunizations as required by state statute and Hamden Board of Education policy.
- i. Establish procedures for required screenings and referrals according to state statute and Hamden Board of Education policy.
- j. Consult with team members and participate in PPT meetings, as needed, when medical problems interface with education.
- k. Consult to Hamden Public School administrators and staff in all areas related to health, including health services for students and staff, health education and curriculum development and Hamden Board of Education policy and procedure development review.
- l. Participate in school health activities, such as the school district health and safety committee and other appropriate committees.
- m. Assist in the development of policies and procedures for the school sports program in collaboration with the Director of Health, PE and Athletics and School Medical Advisor.
- n. Make recommendations to school administrators regarding resolution of environmental health problems within the school system in consultation with the School Medical Advisor and local public health personnel.
- o. Coordinate school health services/programs with other community agencies, as appropriate.

Students

Student Health Services (continued)

I. Personnel (continued)

C. School Nurse

1. Health services within the Hamden Public Schools will be provided by qualified nurses employed by the Hamden Board of Education.
2. The school nurses will meet the professional qualifications as outlined in their job descriptions and will practice in accordance with the Connecticut Nurse Practice Act, ANA Standards of Clinical Nursing Practice and NASN, Standards of School Nursing Practice, Professional Code of Ethics, and current nursing practice in Connecticut.
3. Job descriptions for the qualified school nurse will be written by the Coordinator of School Nursing and reviewed annually.

II. School Health Records

A cumulative health record on the form required by the State of Connecticut will be maintained on each student so that the Principal, the parent/guardian, the School Medical Advisor, the teacher and the school nurse can participate in promoting optimum health for each student. These records will be kept in the school health office locked file and maintained daily by the school nurse. Their maintenance and security will be the responsibility of the Custodian of Records (the Principal), and they will be considered confidential student records according to policy 5125-Student Records.

Whenever a student permanently transfers from the Hamden School System to another Connecticut school system, his/her original health record will follow the student, and a copy will be retained by the Hamden School System. Otherwise, a copy of the health record will be forwarded to a system outside of Connecticut, and the original record will stay in Hamden. The original health record of a graduating student will be filed with the student's other school records as part of the student's permanent record, subject to provisions of Policy 5125-Student Records.

Results of all health assessments, as well as care provided by the school nurse, will be recorded on the cumulative health record.

Student health records are covered by the Family Education Rights and Privacy Act (FERPA) and are exempt from the Health Insurance Portability Accountability Act (HIPAA) privacy rule. However, it is recognized that obtaining medical information from health care providers will require schools to have proper authorization and to inform parents that such information, once released by health care providers, is no longer protected under HIPAA but is covered under FERPA.

Students

Student Health Services (continued)

III. Emergency Procedure Card

Each year, the Principal will require that parents/guardians provide the school with routine information for procedures to follow if the student is ill or injured. This information should include the names of two (2) relatives or friends who may be contacted to transport and/or assume care for an ill or injured student when school personnel cannot reach parents/guardians. This information will be available in the Principal's office and in the nurse's office. Hospital and physician preference, if any, should also be indicated on the card.

IV. Uniform Immunization Requirements

A. Immunization

The Hamden Board of Education requires that all students be protected by adequate immunization against diphtheria, pertussis, tetanus, polio, measles, mumps, rubella, hemophilus influenza type B, hepatitis and chickenpox before being permitted to attend Hamden public schools.

B. Levels of Immunization

Levels of immunization will be so determined by the schedule for active immunizations adopted pursuant to C.G.S. Sec. 19a-7f.

C. Proof of Immunization

The only valid proof of immunization is the signature of a physician, Department of Health, Visiting Nurses Association, or public health nursing agency attesting what immunizations were given and when they were administered. A history of natural infection will be valid only if certified by a physician.

D. Exemptions

Medical exemption is valid only if a physician indicates in writing that specific immunizations should not be given because they are medically contraindicated for reasons which must be stated in writing. Such statements must be reviewed by the Coordinator of School Nursing, and the School Medical Advisor (if necessary). Medical exemptions must be renewed annually. Religious exemption is valid if the parents/guardians submit to the school a signed form stating that immunization is contrary to the student's religious beliefs.

Students

Student Health Services (continued)

IV. Uniform Immunization Requirements (continued)

E. Exclusions

No student entering the school system will be admitted until immunization requirements are met. Students not in accordance with Board requirements will be excluded. Homeless students, as defined by federal law (NCLB) may have the immunization requirement waived. Kindergarten students will not be admitted until immunization requirements are met. The District will make a reasonable effort to locate immunization records pertaining to homeless students from information available. The District's liaison shall assist the parent/guardian in obtaining the necessary immunizations and records. The District shall arrange for homeless students to receive immunizations through health agencies and at District expense, if no other recourse is available. Immunizations may, however, be waived for homeless youth only in accordance with provisions of Board of Education policy on immunizations.

F. Preschool

Children participating in preschool programs operated as part of the public schools, must also be immunized in accordance with the same Board requirements.

V. Health Assessments

- A. Before enrollment in the Hamden School System, each child must have a health assessment to include hematocrit or hemoglobin, height, weight and blood pressure; updating of immunizations; vision, hearing, speech, scoliosis, and gross dental screening; health and developmental history. The School Medical Advisor may also require testing for tuberculosis, sickle cell anemia, lead poisoning, or other diseases/health conditions. Beginning with the 2003-2004 school year a chronic disease assessment shall be included. Such assessment shall include, but not be limited to asthma, as defined by the Commissioner of Public Health, in the manner prescribed by said Commissioner.

Additional physical examinations will be required of all students in grades six (6) and ten (10) and will include hematocrit or hemoglobin tests, weight, height and blood pressure; updating of immunizations, vision, hearing, scoliosis and gross dental screening; health history and developmental history. The School Medical Advisor may also require testing for tuberculosis, sickle cell anemia, lead poisoning or other diseases/health conditions.

Students

Student Health Services (continued)

V. Health Assessments (continued)

Health assessments may be performed by a legally qualified physician or by the School Medical Advisor or a designee such as a nurse-practitioner or physician's assistant for any student in public schools. Physical examinations may be done in the presence of the parent/guardian or an employee of the Hamden School Health Services, as appropriate.

The Board of Education will provide free mandated health assessments by the School Medical Advisor or by another licensed physician or nurse practitioner appointed by the School Medical Advisor for all students eligible for free/reduced price lunch or free milk, if requested by the parent/guardian.

- B. A more frequent student health assessment than required by law may be requested by the School Medical Advisor, if the School Medical Advisor deems it necessary for the protection of the student or others in school.
- C. The Hamden School System (as required) will annually report to the State Department of Public Health the asthma data obtained through school assessments, including student demographics. In addition, the District will also participate in annual school surveys conducted by the Department of Public Health pertaining to asthma.
- D. Any student participating in an intramural or interscholastic sports program must have a pre-sports health assessment. It will include a thorough health history, with special attention to previous injuries, blood pressure, pulse, cardiovascular examination and musculoskeletal evaluation. The pre-sport participation assessment must be completed annually on entry into the competitive sports program and prior to the first training session for the sport(s) injuries. A review of the student's interim health history, with particular attention to injuries, will be required prior to participation in each sport.

Parents are expected to use the services of their private physician. If a student is unable to obtain a health assessment from his/her personal physician for financial or other reasons, an examination can be arranged with the School Medical Advisor. Health assessments results shall be recorded on forms provided by the Connecticut State Board of Education, signed by the examining physician, School Medical Advisor or Advisor's designee, filed in the student's cumulative health record and maintained up to date by the school nurse.

Students

Student Health Services (continued)

VI. Nurse-Staff Communication

- A. The school nurse will communicate with each teacher and other appropriate staff about the special health needs of assigned students when the sharing of such information is, or is potentially, important for the protection of the student's health and safety while in school, at the beginning of the school year and whenever changes in a student's health status warrant an updating.
- B. All health information shared by the school nurse will be kept strictly confidential by the staff member.
- C. Staff are encouraged to bring to the attention of the school nurse observations relating to a student's health.
- D. Effective communications between nurse and staff must be maintained on an ongoing and regular basis. Consultation and collaboration between the staff and school nurse is essential.

VII. Medical Referrals

- A. Teachers and/or staff will not, by themselves, make any direct referrals of a student to an outside medical or health-related service, agency or practitioner.
- B. All medical/health referrals must go through the school nurse or School Medical Advisor.

VIII. Nursing Protocols

- A. Nursing protocols for nursing assessment and management of emergency, urgent and routine health problems including acute illness and injury, chronic health problems, and communicable disease, will be:
 - 1. Developed by the Coordinator of School Nursing in consultation and collaboration with the School Medical Advisor.
 - 2. Reviewed annually by the Coordinator of School Nursing and School Medical Advisor.
 - 3. Utilized by the professional school nurses and substitute school nurses in providing care to students.

Students

Student Health Services (continued)

VIII. Nursing Protocols (continued)

- B. When nursing protocols are not written, the school nurse/nurse substitute will utilize up-to-date theory and practice skills to assess and manage health problems appropriately in school and will seek consultation from the Coordinator of School Nursing, as appropriate.
- C. First aid procedures to be utilized by other school personnel:
 - 1. When indicated, (in the absence of the nurse) the school nurse will provide an Individualized Student Emergency Care Plan, for the first aid management of an emergency, urgent situation; such, bee sting anaphylaxis.
 - 2. When specific management plans are not written for school staff, the school Principal, or designated teacher, will utilize the theory and skills learned in the standard first aid, CPR, injection technique courses.
 - 3. Such management plans will be posted/readily accessible in the school nurse office.

IX. Administration of Medical Treatments/Nursing Procedures

- A. Provision of medical treatments and nursing procedures such as inhalation therapy, postural drainage, and intermittent self-catheterization will be provided by the school nurse and supervised by the Coordinator of School Nursing. A health care provider's order for a medical treatment in school must be documented in writing and include specific instructions, when appropriate.
- B. The school nurse, in consultation with the Coordinator of School Nursing will be responsible for developing a nursing management plan based on health care providers' orders and nursing assessment of the student's needs in school. Only when determined by the Coordinator of School Nursing and school nurse to be reasonable, a Principal or teacher may be taught to carry out a routine medical treatment or nursing procedure in the absence of the school nurse. The school nurse is responsible for the supervision of any teacher or Principal who carries out such a delegated treatment or procedure. When a nursing procedure is indicated but a health care provider's order not necessary, the school nurse will develop a nursing management plan based on nursing theory, assessment of the student needs and departmental policies, procedures and protocols.

Students

Student Health Services (continued)

X. Screenings

The permission of parents/guardian is assumed for routing screening of vision, hearing, posture and weight and height.

A. Vision Screening

All students in Grades K-6 and in grade nine (9) have their vision tested annually, using the Snellen screening test or its equivalent. The procedure will be supervised by the school nurse. All failures and questionable results will be retested and referred on the recommended state form to the parent/guardian for professional attention and follow-up. All such referrals must be returned to the school nurse with evidence of professional intervention. All new enrollees not previously tested will be examined on entry by the school nurse.

B. Hearing Screening

Hearing screening will be conducted annually by the school nurse in conjunction with the speech/language clinicians for all students in grades K-3, 5 and 8 and for any student suspected to have or be at high risk for hearing difficulty and/or middle ear dysfunction. Puretone audiometric screenings will be used according to defined procedure. Screening failures following retesting will be referred to the student's parent/guardian for professional attention. All such referrals must be returned to the school nurse with evidence of professional intervention. All new enrollees who were not tested prior to entry will be screened by the school nurse.

C. Weight and Height Measurement

1. Assessment of physical growth by plotting heights and weights on a growth chart is exceedingly important for certain categories of students. Height and weight measurements should be obtained and plotted on a growth chart for the following:
 - a. All those receiving in-school physical exam/pre-sports assessments
 - b. Students with selected chronic diseases
 - c. Students taking selected medications
 - d. Students with known growth problems
 - e. Students recovering from a severe episode of acute illness
2. Frequency of height/weight: measurements is determined by the nature of the health problem.
3. Routine height and weight screening is not done for all students.

Students

Student Health Services (continued)

X. Screenings (continued)

D. Postural Screening

In addition to the postural screening included in the mandatory health assessments for all students in grades six (6) and ten (10), all students in grades five (5) through eight (8) will also have this screening annually in a program supervised by the school nurse and according to regulations of the State Board of Education and the State Department of Health Services.

XI. Illness

- A. A student who becomes ill during the day should be assessed by the school nurse who will determine appropriate management, inform the parents/guardians, and provide follow-up as indicated.
- B. A student taken ill during the nurse's absence remains the responsibility of the Principal until he/she is relieved by the school nurse, parent/guardian or other designated person.
- C. Students are to be excluded from school for symptoms of acute illness or acute communicable disease. The decision to exclude a student from school for an acute illness or communicable disease will be made by the school nurse and Principal. Questions on exclusion are referred to the Coordinator of School Nursing and ultimately to the School Medical Advisor.

XII. Notification of Parent/Guardian in Cases of Severe Illness or Accident

- A. If a student's condition requires immediate medical attention, the family will be notified and asked to call their primary health care provider, or to accept the services of any available physician.
- B. If any delay is judged to be detrimental to the student's welfare, or if the parent/guardian cannot be reached, the emergency procedure card will be used.
- C. If the student's health care provider is not available within a reasonable period of time and the situation requires it, the school nurse or another physician will be contacted prior to moving the student. If the student requires immediate attention, the school nurse, Principal or designated staff member will call for emergency medical services to transport the student.

Students

Student Health Services (continued)

XIII. Transportation

- A. Parents/guardians must assume the responsibility for transporting the student home or to a health care provider in emergencies or cases of accident or illness.
- B. If the parents/guardian cannot be reached, or do not have means of transporting the student, the emergency card procedure will be followed. If transportation is unavailable, the Principal and school nurse will determine an appropriate course of action.
- C. If an ambulance is required to transport a student to a hospital, when possible, the parent will accompany the student. If the parent is not available, the Principal and school nurse may designate an appropriate person to accompany the student.

XIV. Reporting Accidents

- A. In order to discharge its responsibilities and meet the requirements of insurance coverage, the administration will report all accidents promptly. Accident report forms must be completed, describing in detail where the accident occurred, the type of injury, nursing care and/or first aid administered, witnesses to the accident and other relevant information.
- B. All accidents, regardless of their degree of severity, must be promptly reported to the school nurse and the Principal by the person supervising the activity in which the accident occurred. A report written on the required form must follow the verbal report. This provision includes athletic accidents.

XV. Reporting Incidents

- A. Verbal reports of all incidents will be made to the Principal, Superintendent, and Coordinator of School Nursing immediately.
- B. A written report, on the appropriate form, will be sent to the Superintendent and Coordinator of School Nursing.
- C. The school nurse will document any significant nursing assessment and management on the student's cumulative health record.

Students

Student Health Services (continued)

XVI. Absence from School

- A. A copy of the daily absence record will be available for the school nurse.
- B. The school nurse is responsible for nursing follow-up on students who are absent from school for more than five (5) days for illness or injury.
- C. Follow-up may include telephone contact with the parent, the child's primary health care provider or medical specialists, a home visit, or consultation with the attendance officer. Pertinent information will be shared with school personnel, as appropriate.

XVII. Documentation of Student Visits to Health Room

- A. All visits to the health room will be documented by the school nurse according to Hamden School Health Service procedure. Such documentation will include the student's complaint as well as the nurse's assessment and the management plan.
- B. When the school nurse is not available, the Principal or his/her designee, will document according to the Hamden School Health Services procedure for non-medical personnel. Such documentation will include the child's name, complaint, and action taken.

XVIII. Sports Medicine

A. Injury and Emergency Procedures

The coaches, trainer and student athletes work collaboratively to prevent injury and accidents, by: (1) instituting proper pre-season conditioning programs; (2) maintaining equipment safety; (3) observing extreme caution in hot/foul weather practice; (4) having injuries cared for promptly and effectively, and (5) testing a student's athletic capabilities before allowing him/her to return to practice after an injury. Through such efforts serious injury may be avoided or minimized.

- 1. In the event of an accident or injury to a Hamden High or Middle School athlete in a practice/game, the following policies must be followed:
 - a. Any Hamden High or Middle School student or visiting player sustaining an injury (minor or severe) must be seen by the trainer as soon after the incident as possible. The trainer will make an assessment and determine initial treatments, and contact the parent/guardian as appropriate.

Students

Student Health Services (continued)

XVIII. Sports Medicine (continued)

- b. When the trainer is not available, the coach will provide first aid and contact the parent/guardian immediately.
 - c. The trainer will be responsible for filling out a written account of the accident and/or injury at the time the student is seen. A copy of the form will be given to the coach within 24 hours. In addition, for Hamden students, a copy of the form will be forwarded to the school nurse.
 - d. When outside referral is deemed necessary, the trainer, or, in her absence, the coach will notify the parents/guardian and facilitate the referral to an appropriate physician/specialist. The parent/guardian will make the decision as to choice of physician, medical center and mode of transportation. The coach(es) may use referrals to physicians/specialists from a general list and/or from family preference.
 - e. The coach will be responsible for filling out an accident insurance form within 24 hours of the injury when an athlete is referred for medical treatment. The original copy will be given to the athlete involved, while a second copy will be sent to the trainer.
- 2. In the event that the trainer is not available at a practice/game where an injury occurs, the coach is responsible to notify the trainer and send the athlete to see the trainer as soon after the incident as possible.
- 3. When serious injuries or accidents cannot be avoided, actions must be instituted to insure the athlete's safety and delivery of prompt medical treatment. The following regulations must be observed in cases of serious injury and/or emergency:
 - a. The coach who is initially present at the time of injury will have responsibility for assessment of an injured player if no medical person is present. The coach is required to get the trainer, if he/she is available, the paramedic if no one is available, and/or dial 911 immediately and before moving or treating an injured athlete.
 - i. A paramedic/ambulance will be present at all home football, soccer, and hockey contests.
 - ii. The trainer will be available at as many home games and practices as possible.

Students

Student Health Services (continued)

XVIII. Sports Medicine (continued)

- b. The trainer and/or paramedic will assume all responsibility for immediate care of a player when they are present.
- c. When immediate first aid is required before nursing or medical help arrives, the coach (with current first aid certification) may administer such first aid to the injured athlete.

NOTE: Under no condition will an athlete be moved without medical supervision if there is a suspicion of or obvious fracture and/or head, neck, back, or internal injury.

- d. When a life threatening injury occurs, the athlete needing immediate care (i.e., major fracture, serious injury, heat stroke or anaphylaxis) will be sent to a medical center via ambulance. The trainer is responsible for calling 911 and contacting the parent/guardian. In this instance, if he/she is not available, the coach is responsible to call 911 and contact the parent/guardian.
 - e. Injured players requiring transportation to a medical center should be accompanied by an authorized school-connected person when a parent/guardian is not available.
4. Coaches, managers, students, trainers and volunteers must follow orders from medical personnel when dealing with an injured athlete. No one without proper qualifications and/or certification will provide medical treatment or use therapeutic methods, such as massage, whirlpool treatments, splinting or therapeutic exercises unless they are working under the direct supervision of legally qualified and/or certified health personnel.
 5. **All injured students must be cleared medically by the trainer before returning to play.** Students who have been referred to a physician or a specialist will also need the specialist's clearance in addition to the trainer's. Coaches must receive a signed/dated medical clearance form from the trainer before letting student return to practice. Copies of medical clearance forms will be forwarded to the school nurse.
 6. Cooperation in enforcement of these procedures in **not** optional, but mandatory for the safety and well being of the athletes, Hamden High and Middle School staff and the schools.

Students

Student Health Services (continued)

XVIII. Sports Medicine (continued)

B. Medication

1. Medication needed by a high school and middle school competitive sports player may be self-administered during athletic events (practice or games) only under the following conditions:
 - a. Hamden Board of Education policy and regulations on Administration of Medication by School Personnel must be followed.
 - b. Its therapeutic effectiveness depends upon:
 1. administration during practice/games hours and/or;
 2. immediate administration during physical exercise/competition.
 - c. Self administration of medications may be allowed with the approval of the school nurse and Principal in conjunction with the student's parent/guardian and health care prescriber.
 - d. Written authorization forms, (including self administration) must be completed by the parent/guardian and health care prescriber and returned to the school nurse prior to season tryouts.
 - e. Medication must be supplied in the original container dispensed and properly labeled by a licensed pharmacist.
 - f. Students allowed to self administer medication will be monitored through an individualized written health care plan developed by the school nurse and approved by the Principal.
 - g. The coach may hold a medication for a student during practices and games in the team medical kit.
2. No medication will be kept by a coach or trainer in between practices and games.
3. No medication, stimulant or other, will ever be given by a coach to players, except as provided for in accordance with Hamden's policy and regulations relating to administration of medicines by school personnel.

Students**Student Health Services (continued)****XIX. Emergency Medical Care Plan**

- A. An Individual Emergency Care Plan will be developed annually for selected students by the school nurse. It will assure that appropriate care will be rendered for students with emergency medical problems in the absence of a school nurse, either by providing first aid, CPR, and/or injection of Epinephrine for anaphylaxis, before emergency services are available.
- B. At least two staff members in each school will be trained in emergency recognition and management to fulfill this function in the absence of readily accessible trained health professionals.

Students

Student Health Services

The following statement of regulations of the student health program is for the information and guidance of persons concerned with the health and welfare of school children and for better understanding among school personnel, school nurses and parents/guardians.

I. Personnel

A. School Medical Advisor

1. The school Medical Advisor is appointed by the Hamden Board of Education.
2. The role of the school Medical Advisor is based on the Connecticut Advisor School Health Council Report, 19971. The role includes responsibilities to:
 - a. Plan and implement the school health program to fit the needs of the school population. This should be carried out in collaboration with the Coordinator of School Nursing and school administrators.
 - b. Review, evaluate and revise (as needed) the school health program collaboratively with the Coordinator of School Nursing and school administration, on a regular basis.
 - c. Participate in school health activities through membership on appropriate committees, such as school health council.
 - d. Consult with the Coordinator of School Nursing in the development of nursing protocols for the assessment and management of students' health care problems.
 - e. Provide consultation, and when appropriate, medical direction to the Coordinator of School Nursing and school nurses regarding in-school management of student medical problems.
 - f. Provide student health assessments (when necessary) as required by state statute and Hamden Board of Education policy.
 - g. Provide standing orders for medications related to the provision of student health care.
 - h. Participate in the establishment of screening and referral procedures.
 - i. Promote the immunization program as required by state statute and Hamden Board of Education policy.
 - j. Consult with planning and placement teams, as needed, when medical problems interface with education.

Students**Student Health Services (continued)****I. Personnel (continued)****A. School Medical Advisor (continued)**

- k. Consult with school personnel responsible for health education and act as a resource, as needed.
 - l. Participate in continuing education and inservice programs for school personnel, as needed.
 - m. Make recommendations regarding environmental health problems within the school system in consultation with local public health personnel and school health personnel.
 - n. Assist in formulation of specific policies and procedures for the school sport program in collaboration with the Director of Health, PE and Athletics and Coordinator of School Nursing.
 - o. Provide consultation to Hamden Board of Education with regard to the implementation of employee health programs.
 - p. Interpret the school health program and policies to parents, other health care providers, the community and the media.
3. The above responsibilities may be delegated to the Coordinator of School Nursing as appropriate to the professional qualifications of the Coordinator of School Nursing.

B. Coordinator of School Nursing

- 1. The Coordinator of School Nursing works under the clinical supervision of the School Medical Advisor.
- 2. The Coordinator of School Nursing will be appointed as the designated qualified School Nurse by the Hamden Board of Education.
- 3. The Coordinator of School Nursing will possess the professional qualifications of an advanced clinical practice pediatric nurse and administrator according to the job description.
- 4. The role of the Coordinator of School Nursing is based on the Connecticut Advisory School Health Council Report, 1997. The role includes responsibilities to:
 - a. Plan, implement and evaluate the school health services program collaboratively with the School Medical Advisor and cooperatively with school administrators.

Students

Student Health Services

I. Personnel (continued)

B. Coordinator of School Nursing (continued)

- b. Develop policies and procedures for a comprehensive school health services program in collaboration with the School Medical Advisor and other school personnel.
- c. Ensure that safe, up-to-date clinical nursing policies, procedures and protocols are formulated, in accordance with ANA Standards of Clinical Nursing Practice and NASN Standards of School Nursing Practice, and utilized by the Hamden school nursing staff.
- d. Provide administrative direction for the department and staff, including staff assignments, schedules, budget preparation, job descriptions, hiring, etc.
- e. Develop and implement a system for data collection and analysis to demonstrate needs and trends in student health and school health services.
- f. Provide clinical consultation to nursing staff.
- g. Provide supervision of nursing staff, including performance evaluations.
- h. Promote and monitor compliance with health assessments and immunizations as required by state statute and Hamden Board of Education policy.
- i. Establish procedures for required screenings and referrals according to state statute and Hamden Board of Education policy.
- j. Consult with team members and participate in PPT meetings, as needed, when medical problems interface with education.
- k. Consult to Hamden Public School administrators and staff in all areas related to health, including health services for students and staff, health education and curriculum development and Hamden Board of Education policy and procedure development review.
- l. Participate in school health activities, such as the school district health and safety committee and other appropriate committees.
- m. Assist in the development of policies and procedures for the school sports program in collaboration with the Director of Health, PE and Athletics and School Medical Advisor.
- n. Make recommendations to school administrators regarding resolution of environmental health problems within the school system in consultation with the School Medical Advisor and local public health personnel.
- o. Coordinate school health services/programs with other community agencies, as appropriate.

Students

Student Health Services (continued)

I. Personnel (continued)

C. School Nurse

1. Health services within the Hamden Public Schools will be provided by qualified nurses employed by the Hamden Board of Education.
2. The school nurses will meet the professional qualifications as outlined in their job descriptions and will practice in accordance with the Connecticut Nurse Practice Act, ANA Standards of Clinical Nursing Practice and NASN, Standards of School Nursing Practice, Professional Code of Ethics, and current nursing practice in Connecticut.
3. Job descriptions for the qualified school nurse will be written by the Coordinator of School Nursing and reviewed annually.

II. School Health Records

A cumulative health record on the form required by the State of Connecticut will be maintained on each student so that the Principal, the parent/guardian, the School Medical Advisor, the teacher and the school nurse can participate in promoting optimum health for each student. These records will be kept in the school health office locked file and maintained daily by the school nurse. Their maintenance and security will be the responsibility of the Custodian of Records (the Principal), and they will be considered confidential student records according to policy 5125-Student Records.

Whenever a student permanently transfers from the Hamden School System to another Connecticut school system, his/her original health record will follow the student, and a copy will be retained by the Hamden School System. Otherwise, a copy of the health record will be forwarded to a system outside of Connecticut, and the original record will stay in Hamden. The original health record of a graduating student will be filed with the student's other school records as part of the student's permanent record, subject to provisions of Policy 5125-Student Records.

Results of all health assessments, as well as care provided by the school nurse, will be recorded on the cumulative health record.

Student health records are covered by the Family Education Rights and Privacy Act (FERPA) and are exempt from the Health Insurance Portability Accountability Act (HIPAA) privacy rule. However, it is recognized that obtaining medical information from health care providers will require schools to have proper authorization and to inform parents that such information, once released by health care providers, is no longer protected under HIPAA but is covered under FERPA.

Students

Student Health Services (continued)

III. Emergency Procedure Card

Each year, the Principal will require that parents/guardians provide the school with routine information for procedures to follow if the student is ill or injured. This information should include the names of two (2) relatives or friends who may be contacted to transport and/or assume care for an ill or injured student when school personnel cannot reach parents/guardians. This information will be available in the Principal's office and in the nurse's office. Hospital and physician preference, if any, should also be indicated on the card.

IV. Uniform Immunization Requirements

A. Immunization

The Hamden Board of Education requires that all students be protected by adequate immunization against diphtheria, pertussis, tetanus, polio, measles, mumps, rubella, hemophilus influenza type B, hepatitis and chickenpox before being permitted to attend Hamden public schools.

B. Levels of Immunization

Levels of immunization will be so determined by the schedule for active immunizations adopted pursuant to C.G.S. Sec. 19a-7f.

C. Proof of Immunization

The only valid proof of immunization is the signature of a physician, Department of Health, Visiting Nurses Association, or public health nursing agency attesting what immunizations were given and when they were administered. A history of natural infection will be valid only if certified by a physician.

D. Exemptions

Medical exemption is valid only if a physician indicates in writing that specific immunizations should not be given because they are medically contraindicated for reasons which must be stated in writing. Such statements must be reviewed by the Coordinator of School Nursing, and the School Medical Advisor (if necessary). Medical exemptions must be renewed annually. Religious exemption is valid if the parents/guardians submit to the school a signed form stating that immunization is contrary to the student's religious beliefs.

Students

Student Health Services (continued)

IV. Uniform Immunization Requirements (continued)

E. Exclusions

No student entering the school system will be admitted until immunization requirements are met. Students not in accordance with Board requirements will be excluded. Homeless students, as defined by federal law (NCLB) may have the immunization requirement waived. Kindergarten students will not be admitted until immunization requirements are met. The District will make a reasonable effort to locate immunization records pertaining to homeless students from information available. The District's liaison shall assist the parent/guardian in obtaining the necessary immunizations and records. The District shall arrange for homeless students to receive immunizations through health agencies and at District expense, if no other recourse is available. Immunizations may, however, be waived for homeless youth only in accordance with provisions of Board of Education policy on immunizations.

F. Preschool

Children participating in preschool programs operated as part of the public schools, must also be immunized in accordance with the same Board requirements.

V. Health Assessments

- A. Before enrollment in the Hamden School System, each child must have a health assessment to include hematocrit or hemoglobin, height, weight and blood pressure; updating of immunizations; vision, hearing, speech, scoliosis, and gross dental screening; health and developmental history. The School Medical Advisor may also require testing for tuberculosis, sickle cell anemia, lead poisoning, or other diseases/health conditions. Beginning with the 2003-2004 school year a chronic disease assessment shall be included. Such assessment shall include, but not be limited to asthma, as defined by the Commissioner of Public Health, in the manner prescribed by said Commissioner.

Additional physical examinations will be required of all students in grades six (6) and ten (10) and will include hematocrit or hemoglobin tests, weight, height and blood pressure; updating of immunizations, vision, hearing, scoliosis and gross dental screening; health history and developmental history. The School Medical Advisor may also require testing for tuberculosis, sickle cell anemia, lead poisoning or other diseases/health conditions.

Students

Student Health Services (continued)

V. Health Assessments (continued)

Health assessments may be performed by a legally qualified physician or by the School Medical Advisor or a designee such as a nurse-practitioner or physician's assistant for any student in public schools. Physical examinations may be done in the presence of the parent/guardian or an employee of the Hamden School Health Services, as appropriate.

The Board of Education will provide free mandated health assessments by the School Medical Advisor or by another licensed physician or nurse practitioner appointed by the School Medical Advisor for all students eligible for free/reduced price lunch or free milk, if requested by the parent/guardian.

- B. A more frequent student health assessment than required by law may be requested by the School Medical Advisor, if the School Medical Advisor deems it necessary for the protection of the student or others in school.
- C. The Hamden School System (as required) will annually report to the State Department of Public Health the asthma data obtained through school assessments, including student demographics. In addition, the District will also participate in annual school surveys conducted by the Department of Public Health pertaining to asthma.
- D. Any student participating in an intramural or interscholastic sports program must have a pre-sports health assessment. It will include a thorough health history, with special attention to previous injuries, blood pressure, pulse, cardiovascular examination and musculoskeletal evaluation. The pre-sport participation assessment must be completed annually on entry into the competitive sports program and prior to the first training session for the sport(s) injuries. A review of the student's interim health history, with particular attention to injuries, will be required prior to participation in each sport.

Parents are expected to use the services of their private physician. If a student is unable to obtain a health assessment from his/her personal physician for financial or other reasons, an examination can be arranged with the School Medical Advisor. Health assessments results shall be recorded on forms provided by the Connecticut State Board of Education, signed by the examining physician, School Medical Advisor or Advisor's designee, filed in the student's cumulative health record and maintained up to date by the school nurse.

Students

Student Health Services (continued)

VI. Nurse-Staff Communication

- A. The school nurse will communicate with each teacher and other appropriate staff about the special health needs of assigned students when the sharing of such information is, or is potentially, important for the protection of the student's health and safety while in school, at the beginning of the school year and whenever changes in a student's health status warrant an updating.
- B. All health information shared by the school nurse will be kept strictly confidential by the staff member.
- C. Staff are encouraged to bring to the attention of the school nurse observations relating to a student's health.
- D. Effective communications between nurse and staff must be maintained on an ongoing and regular basis. Consultation and collaboration between the staff and school nurse is essential.

VII. Medical Referrals

- A. Teachers and/or staff will not, by themselves, make any direct referrals of a student to an outside medical or health-related service, agency or practitioner.
- B. All medical/health referrals must go through the school nurse or School Medical Advisor.

VIII. Nursing Protocols

- A. Nursing protocols for nursing assessment and management of emergency, urgent and routine health problems including acute illness and injury, chronic health problems, and communicable disease, will be:
 - 1. Developed by the Coordinator of School Nursing in consultation and collaboration with the School Medical Advisor.
 - 2. Reviewed annually by the Coordinator of School Nursing and School Medical Advisor.
 - 3. Utilized by the professional school nurses and substitute school nurses in providing care to students.

Students

Student Health Services (continued)

VIII. Nursing Protocols (continued)

- B. When nursing protocols are not written, the school nurse/nurse substitute will utilize up-to-date theory and practice skills to assess and manage health problems appropriately in school and will seek consultation from the Coordinator of School Nursing, as appropriate.
- C. First aid procedures to be utilized by other school personnel:
 - 1. When indicated, (in the absence of the nurse) the school nurse will provide an Individualized Student Emergency Care Plan, for the first aid management of an emergency, urgent situation; such, bee sting anaphylaxis.
 - 2. When specific management plans are not written for school staff, the school Principal, or designated teacher, will utilize the theory and skills learned in the standard first aid, CPR, injection technique courses.
 - 3. Such management plans will be posted/readily accessible in the school nurse office.

IX. Administration of Medical Treatments/Nursing Procedures

- A. Provision of medical treatments and nursing procedures such as inhalation therapy, postural drainage, and intermittent self-catheterization will be provided by the school nurse and supervised by the Coordinator of School Nursing. A health care provider's order for a medical treatment in school must be documented in writing and include specific instructions, when appropriate.
- B. The school nurse, in consultation with the Coordinator of School Nursing will be responsible for developing a nursing management plan based on health care providers' orders and nursing assessment of the student's needs in school. Only when determined by the Coordinator of School Nursing and school nurse to be reasonable, a Principal or teacher may be taught to carry out a routine medical treatment or nursing procedure in the absence of the school nurse. The school nurse is responsible for the supervision of any teacher or Principal who carries out such a delegated treatment or procedure. When a nursing procedure is indicated but a health care provider's order not necessary, the school nurse will develop a nursing management plan based on nursing theory, assessment of the student needs and departmental policies, procedures and protocols.

Students

Student Health Services (continued)

X. Screenings

The permission of parents/guardian is assumed for routing screening of vision, hearing, posture and weight and height.

A. Vision Screening

All students in Grades K-6 and in grade nine (9) have their vision tested annually, using the Snellen screening test or its equivalent. The procedure will be supervised by the school nurse. All failures and questionable results will be retested and referred on the recommended state form to the parent/guardian for professional attention and follow-up. All such referrals must be returned to the school nurse with evidence of professional intervention. All new enrollees not previously tested will be examined on entry by the school nurse.

B. Hearing Screening

Hearing screening will be conducted annually by the school nurse in conjunction with the speech/language clinicians for all students in grades K-3, 5 and 8 and for any student suspected to have or be at high risk for hearing difficulty and/or middle ear dysfunction. Puretone audiometric screenings will be used according to defined procedure. Screening failures following retesting will be referred to the student's parent/guardian for professional attention. All such referrals must be returned to the school nurse with evidence of professional intervention. All new enrollees who were not tested prior to entry will be screened by the school nurse.

C. Weight and Height Measurement

1. Assessment of physical growth by plotting heights and weights on a growth chart is exceedingly important for certain categories of students. Height and weight measurements should be obtained and plotted on a growth chart for the following:
 - a. All those receiving in-school physical exam/pre-sports assessments
 - b. Students with selected chronic diseases
 - c. Students taking selected medications
 - d. Students with known growth problems
 - e. Students recovering from a severe episode of acute illness
2. Frequency of height/weight: measurements is determined by the nature of the health problem.
3. Routine height and weight screening is not done for all students.

Students

Student Health Services (continued)

X. Screenings (continued)

D. Postural Screening

In addition to the postural screening included in the mandatory health assessments for all students in grades six (6) and ten (10), all students in grades five (5) through eight (8) will also have this screening annually in a program supervised by the school nurse and according to regulations of the State Board of Education and the State Department of Health Services.

XI. Illness

- A. A student who becomes ill during the day should be assessed by the school nurse who will determine appropriate management, inform the parents/guardians, and provide follow-up as indicated.
- B. A student taken ill during the nurse's absence remains the responsibility of the Principal until he/she is relieved by the school nurse, parent/guardian or other designated person.
- C. Students are to be excluded from school for symptoms of acute illness or acute communicable disease. The decision to exclude a student from school for an acute illness or communicable disease will be made by the school nurse and Principal. Questions on exclusion are referred to the Coordinator of School Nursing and ultimately to the School Medical Advisor.

XII. Notification of Parent/Guardian in Cases of Severe Illness or Accident

- A. If a student's condition requires immediate medical attention, the family will be notified and asked to call their primary health care provider, or to accept the services of any available physician.
- B. If any delay is judged to be detrimental to the student's welfare, or if the parent/guardian cannot be reached, the emergency procedure card will be used.
- C. If the student's health care provider is not available within a reasonable period of time and the situation requires it, the school nurse or another physician will be contacted prior to moving the student. If the student requires immediate attention, the school nurse, Principal or designated staff member will call for emergency medical services to transport the student.

Students

Student Health Services (continued)

XIII. Transportation

- A. Parents/guardians must assume the responsibility for transporting the student home or to a health care provider in emergencies or cases of accident or illness.
- B. If the parents/guardian cannot be reached, or do not have means of transporting the student, the emergency card procedure will be followed. If transportation is unavailable, the Principal and school nurse will determine an appropriate course of action.
- C. If an ambulance is required to transport a student to a hospital, when possible, the parent will accompany the student. If the parent is not available, the Principal and school nurse may designate an appropriate person to accompany the student.

XIV. Reporting Accidents

- A. In order to discharge its responsibilities and meet the requirements of insurance coverage, the administration will report all accidents promptly. Accident report forms must be completed, describing in detail where the accident occurred, the type of injury, nursing care and/or first aid administered, witnesses to the accident and other relevant information.
- B. All accidents, regardless of their degree of severity, must be promptly reported to the school nurse and the Principal by the person supervising the activity in which the accident occurred. A report written on the required form must follow the verbal report. This provision includes athletic accidents.

XV. Reporting Incidents

- A. Verbal reports of all incidents will be made to the Principal, Superintendent, and Coordinator of School Nursing immediately.
- B. A written report, on the appropriate form, will be sent to the Superintendent and Coordinator of School Nursing.
- C. The school nurse will document any significant nursing assessment and management on the student's cumulative health record.

Students

Student Health Services (continued)

XVI. Absence from School

- A. A copy of the daily absence record will be available for the school nurse.
- B. The school nurse is responsible for nursing follow-up on students who are absent from school for more than five (5) days for illness or injury.
- C. Follow-up may include telephone contact with the parent, the child's primary health care provider or medical specialists, a home visit, or consultation with the attendance officer. Pertinent information will be shared with school personnel, as appropriate.

XVII. Documentation of Student Visits to Health Room

- A. All visits to the health room will be documented by the school nurse according to Hamden School Health Service procedure. Such documentation will include the student's complaint as well as the nurse's assessment and the management plan.
- B. When the school nurse is not available, the Principal or his/her designee, will document according to the Hamden School Health Services procedure for non-medical personnel. Such documentation will include the child's name, complaint, and action taken.

XVIII. Sports Medicine

A. Injury and Emergency Procedures

The coaches, trainer and student athletes work collaboratively to prevent injury and accidents, by: (1) instituting proper pre-season conditioning programs; (2) maintaining equipment safety; (3) observing extreme caution in hot/foul weather practice; (4) having injuries cared for promptly and effectively, and (5) testing a student's athletic capabilities before allowing him/her to return to practice after an injury. Through such efforts serious injury may be avoided or minimized.

- 1. In the event of an accident or injury to a Hamden High or Middle School athlete in a practice/game, the following policies must be followed:
 - a. Any Hamden High or Middle School student or visiting player sustaining an injury (minor or severe) must be seen by the trainer as soon after the incident as possible. The trainer will make an assessment and determine initial treatments, and contact the parent/guardian as appropriate.

Students

Student Health Services (continued)

XVIII. Sports Medicine (continued)

- b. When the trainer is not available, the coach will provide first aid and contact the parent/guardian immediately.
 - c. The trainer will be responsible for filling out a written account of the accident and/or injury at the time the student is seen. A copy of the form will be given to the coach within 24 hours. In addition, for Hamden students, a copy of the form will be forwarded to the school nurse.
 - d. When outside referral is deemed necessary, the trainer, or, in her absence, the coach will notify the parents/guardian and facilitate the referral to an appropriate physician/specialist. The parent/guardian will make the decision as to choice of physician, medical center and mode of transportation. The coach(es) may use referrals to physicians/specialists from a general list and/or from family preference.
 - e. The coach will be responsible for filling out an accident insurance form within 24 hours of the injury when an athlete is referred for medical treatment. The original copy will be given to the athlete involved, while a second copy will be sent to the trainer.
- 2. In the event that the trainer is not available at a practice/game where an injury occurs, the coach is responsible to notify the trainer and send the athlete to see the trainer as soon after the incident as possible.
- 3. When serious injuries or accidents cannot be avoided, actions must be instituted to insure the athlete's safety and delivery of prompt medical treatment. The following regulations must be observed in cases of serious injury and/or emergency:
 - a. The coach who is initially present at the time of injury will have responsibility for assessment of an injured player if no medical person is present. The coach is required to get the trainer, if he/she is available, the paramedic if no one is available, and/or dial 911 immediately and before moving or treating an injured athlete.
 - i. A paramedic/ambulance will be present at all home football, soccer, and hockey contests.
 - ii. The trainer will be available at as many home games and practices as possible.

Students

Student Health Services (continued)

XVIII. Sports Medicine (continued)

- b. The trainer and/or paramedic will assume all responsibility for immediate care of a player when they are present.
- c. When immediate first aid is required before nursing or medical help arrives, the coach (with current first aid certification) may administer such first aid to the injured athlete.

NOTE: Under no condition will an athlete be moved without medical supervision if there is a suspicion of or obvious fracture and/or head, neck, back, or internal injury.

- d. When a life threatening injury occurs, the athlete needing immediate care (i.e., major fracture, serious injury, heat stroke or anaphylaxis) will be sent to a medical center via ambulance. The trainer is responsible for calling 911 and contacting the parent/guardian. In this instance, if he/she is not available, the coach is responsible to call 911 and contact the parent/guardian.
 - e. Injured players requiring transportation to a medical center should be accompanied by an authorized school-connected person when a parent/guardian is not available.
4. Coaches, managers, students, trainers and volunteers must follow orders from medical personnel when dealing with an injured athlete. No one without proper qualifications and/or certification will provide medical treatment or use therapeutic methods, such as massage, whirlpool treatments, splinting or therapeutic exercises unless they are working under the direct supervision of legally qualified and/or certified health personnel.
 5. **All injured students must be cleared medically by the trainer before returning to play.** Students who have been referred to a physician or a specialist will also need the specialist's clearance in addition to the trainer's. Coaches must receive a signed/dated medical clearance form from the trainer before letting student return to practice. Copies of medical clearance forms will be forwarded to the school nurse.
 6. Cooperation in enforcement of these procedures in **not** optional, but mandatory for the safety and well being of the athletes, Hamden High and Middle School staff and the schools.

Students

Student Health Services (continued)

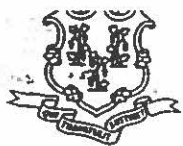
XVIII. Sports Medicine (continued)

B. Medication

1. Medication needed by a high school and middle school competitive sports player may be self-administered during athletic events (practice or games) only under the following conditions:
 - a. Hamden Board of Education policy and regulations on Administration of Medication by School Personnel must be followed.
 - b. Its therapeutic effectiveness depends upon:
 1. administration during practice/games hours and/or;
 2. immediate administration during physical exercise/competition.
 - c. Self administration of medications may be allowed with the approval of the school nurse and Principal in conjunction with the student's parent/guardian and health care prescriber.
 - d. Written authorization forms, (including self administration) must be completed by the parent/guardian and health care prescriber and returned to the school nurse prior to season tryouts.
 - e. Medication must be supplied in the original container dispensed and properly labeled by a licensed pharmacist.
 - f. Students allowed to self administer medication will be monitored through an individualized written health care plan developed by the school nurse and approved by the Principal.
 - g. The coach may hold a medication for a student during practices and games in the team medical kit.
2. No medication will be kept by a coach or trainer in between practices and games.
3. No medication, stimulant or other, will ever be given by a coach to players, except as provided for in accordance with Hamden's policy and regulations relating to administration of medicines by school personnel.

Students**Student Health Services (continued)****XIX. Emergency Medical Care Plan**

- A. An Individual Emergency Care Plan will be developed annually for selected students by the school nurse. It will assure that appropriate care will be rendered for students with emergency medical problems in the absence of a school nurse, either by providing first aid, CPR, and/or injection of Epinephrine for anaphylaxis, before emergency services are available.
- B. At least two staff members in each school will be trained in emergency recognition and management to fulfill this function in the absence of readily accessible trained health professionals.



State of Connecticut Department of Education Health Assessment Record



Parent or Guardian:

In order to provide the best educational experience, school personnel must understand your child's health needs. This form requests information from you (Part I) which will also be helpful to the health care provider when he or she completes the medical evaluation (Part II).

State law requires complete primary immunizations and a health assessment by a legally qualified practitioner of medicine, an advanced practice registered nurse or registered nurse, a physician assistant or the school medical advisor prior to school entrance in Connecticut (C.G.S. Secs. 10-204a and 10-206). An immunization update and additional health assessments are required in the 6th or 7th grade and in the 10th or 11th grade. Specific grade level will be determined by the local board of education.

Please print

Name of Student (Last, First, Middle)		Social Security Number	Birth Date	Sex
Address (Street)		Race/Ethnicity		
(Town and ZIP code)		<input type="checkbox"/> American Indian <input type="checkbox"/> White, not of Hispanic origin <input type="checkbox"/> Asian <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Black, not of Hispanic origin <input type="checkbox"/> Other		
Home Telephone Number	School		Grade	
Name of Parent/Guardian (Last, First, Middle)				
Health Care Provider		Health Insurance Company/Number* or Medicaid/Number*		

* If applicable

If your child does not have health insurance, call 1-877-CT-HUSKY

Part I — To be completed by parent

Important: Complete Part I before your child is examined.

Take this form with you to the health care provider's office.

Please check answers to the following questions in columns on the left.

(Explain all "yes" answers in the space provided below.)

- | Yes | No | |
|-----------------------------|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. <input type="checkbox"/> | <input type="checkbox"/> | Do you have any concerns about your child's general health (overall eating and sleeping habits, teeth, etc.)? |
| 2. <input type="checkbox"/> | <input type="checkbox"/> | Has your child been diagnosed with any chronic disease <input type="checkbox"/> asthma <input type="checkbox"/> diabetes <input type="checkbox"/> seizure disorder <input type="checkbox"/> other _____ |
| 3. <input type="checkbox"/> | <input type="checkbox"/> | Does your child have any allergies (food, insects, medication, latex, etc.)? |
| 4. <input type="checkbox"/> | <input type="checkbox"/> | Does your child take any medications (daily or occasionally)? |
| 5. <input type="checkbox"/> | <input type="checkbox"/> | Does your child have any problems with vision, hearing or speech (glasses, contacts, ear tubes, hearing aids)? |
| 6. <input type="checkbox"/> | <input type="checkbox"/> | Has your child had any hospitalization, operation, major illness or injury, or significant accident? (Please specify.) |
| 7. <input type="checkbox"/> | <input type="checkbox"/> | In the last 12 months, has your child experienced any difficulty with wheezing, excessive coughing or excessive night waking? (Please specify.) |
| 8. <input type="checkbox"/> | <input type="checkbox"/> | In the last 12 months, has your child experienced any difficulty with excessive weight loss or weight gain, or excessive thirst or urination? (Please specify.) |
| 9. <input type="checkbox"/> | <input type="checkbox"/> | Would you like to discuss anything about your child's health with the school nurse? |

Please explain any "yes" answers here. For illnesses/injuries/etc., include the year and/or your child's age at the time.

I give permission for release of information on this form for confidential use in meeting my child's health and educational needs in school.

Signature of Parent/Guardian

Date