

You are Invited to Join a Virtual Circle of Security®

Hamden Parenting Workshop Series

Starts: Monday, October 18th



What Is Circle of Security®?

Parents want the very best for their children but sometimes it is hard to know how to help them.
Join us and explore:

- ✓ Ways to understand and support your child's feelings
- ✓ How to respond to your child's needs
- ✓ Experiencing more joy with your child
- ✓ Helping your child have high self-esteem, strong relationships and perform better in school

Go **[HERE](#)** to watch a short video about Circle of Security

After you register, you will receive a packet of handouts and other relevant materials.

The ZOOM link will be sent to you and is the same link for all 8 sessions.

FREE Children's Books and Giveaways!

Sign up: FREE 8 Sessions Circle of Security® Parenting Group

Mondays: October: 18, 25, November: 1, 8, 15, 22, 29 December: 6



6:00 pm-7:30 pm

Facilitator: Guadalupe Kuilan



To register: ssadinsky@hamdenyoungchildren.org or 203-407-7733