



Welcome to our Breakfast Cafe

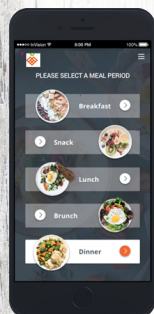
Hamden Elementary Schools

May
2021

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year.
Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 WG Banana Muffin Fresh Orange	2 Golden Grahams Cereal Applesauce Graham Crackers
3 Reduced Sugar Frosted Flakes 100% Orange Juice Blend Graham Crackers	4 Reduced Sugar Trix Diced Pear Cup Graham Crackers	5 WG Chocolate Chip Muffin 100% Juice Fruit Punch	6 Cheerios Cereal Pineapple Cup Graham Crackers	7 Apple Grape 100% Juice Cocoa Puffs Cereal Bar Graham Crackers	8 WG Banana Muffin 100% Orange Juice Blend	9 WG Blueberry Muffin Raisins
10 Red. Sugar Cocoa Puffs Cereal Fresh Apple Graham Crackers	11 WG Chocolate Chip Muffin Fresh Orange	12 Cinnamon Toast Crunch Cereal Bar Sliced Peaches Graham Crackers	13 Apple Cinnamon Muffin 100% Apple Juice	14 Rice Krispies Cereal Sliced Peaches 100% Apple Juice	15 Red. Sugar Froot Loops Cereal Sliced Peaches Apple Grape 100% Juice	16 WG Banana Muffin 100% Juice Fruit Punch
17 Cheerios Cereal Fresh Apple Graham Crackers	18 WG Banana Muffin Diced Pear Cup Applesauce	19 Reduced Sugar Trix Sliced Peaches Graham Crackers	20 WG Blueberry Muffin Fresh Orange	21 WG Chocolate Chip Muffin Craisins	22 Reduced Sugar Frosted Flakes Graham Crackers Raisins	23 Apple Cinnamon Cheerios Cereal Graham Crackers Fresh Apple
24 WG Blueberry Muffin Sliced Peaches	25 Red. Sugar Cocoa Puffs Cereal Fresh Apple Graham Crackers	26 Cocoa Puffs Cereal Bar Graham Crackers Sliced Peaches	27 WG Chocolate Chip Muffin Craisins	28 Cocoa Puffs Cereal Bar Graham Crackers Pineapple Cup	29 Red. Sugar Froot Loops Cereal Sliced Peaches Apple Grape 100% Juice	30 WG Banana Muffin 100% Juice Fruit Punch
31 Reduced Sugar Trix Diced Pear Cup Graham Crackers						

**FUEL YOUR DAY THE RIGHT WAY.
EAT A HEALTHY BREAKFAST!**



We are Simply Rooted® in food and family and our menus are nutritious and flavorful.
Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

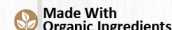
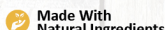


Breakfast Price

Breakfast is available at NO CHARGE to any children until the end of the school year.

Available Daily

Alternate choices of Fruits Including Fresh Apples, Oranges, 100% Fruit Juice, Canned Peaches, Pears and Pineapple Tidbits.
Choice of Milk includes 1% White Milk or Fat Free Chocolate Milk
Menus subject to availability of product



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.