



Welcome to our Lunch Cafe

Summer Meals

August
August 2021
2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year.

Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday

Tuesday

Wednesday

Thursday

Friday

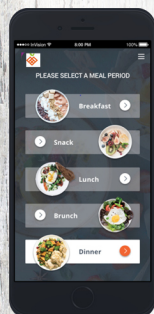
Saturday

Sunday

						1 Sunbutter and Jelly Sandwich Baby Carrots
2 Bacon & Cheese Egg Bites with Potatoes Whole Grain Pretzel Stick	3 Turkey Bologna, Turkey Salami and Cheese on a Hamburger Bun Celery Sticks	4 Lasagna Roll Up with Green Beans Heartzel Pretzels	5 Turkey Ham & Cheese Sandwich Broccoli Bites	6 WG Pizza Lunch Kit Cucumber Coins	7 Turkey Ham and Cheese Sandwich Baby Carrots	8 Sunbutter and Jelly Sandwich Baby Carrots
9 General Tso's Chicken w/ Rice & Carrots	10 Turkey Bologna, Turkey Salami and Cheese on a Hamburger Bun Celery	11 Meatballs & Spaghetti with Roasted Broccoli	12 Turkey Ham & Cheese Sandwich Broccoli Bites	13 WG Pizza Lunch Kit Cucumber Coins	14 Turkey Ham and Cheese Sandwich Baby Carrots	15 Sunbutter and Jelly Sandwich Baby Carrots
16 Beef Patty on WW Bun Broccoli Bites	17 Turkey Bologna, Turkey Salami and Cheese on a Hamburger Bun Celery	18 WM Breaded Chicken Cutlet on WW Bun Celery Sticks	19 Turkey Ham & Cheese Sandwich Broccoli Bites	20 WG Pizza Lunch Kit Cucumber Coins	21 Turkey Ham and Cheese Sandwich Baby Carrots	22 Sunbutter and Jelly Sandwich Baby Carrots
23 Turkey Hot Dog on WW Bun Baby Carrots	24 Turkey Bologna, Turkey Salami and Cheese on a Hamburger Bun Celery Sticks	25 Bacon & Cheese Egg Bites with Potatoes Whole Grain Pretzel Stick	26 Turkey Ham & Cheese Sandwich Broccoli Bites	27 WG Pizza Lunch Kit Cucumber Coins	28 Turkey Ham and Cheese Sandwich Baby Carrots	29 Sunbutter and Jelly Sandwich Baby Carrots
30	31					

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture!
We also focus on using ingredients that are locally sourced,
all-natural, organic and non-GMO whenever possible.



Whitsons is Simply Rooted® in food and family,
and our menus are nutritious and flavorful.

Check out our mobile menu at
www.FDMealPlanner.com or download

FD MealPlanner free of
charge, from the App Store
or Google Play, and view
your menu on your mobile
device anywhere.



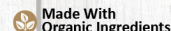
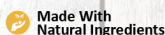
All Meals Available to
children at NO CHARGE
Various Seasonal Fruit

Available Weekly
Choice of Vegetables:
Baby Carrots, Cucumbers,
Celery, Broccoli Bites,
Pepper Strips.

Available Daily

Choice of Milk: Low Fat 1% Milk, Fat-Free Chocolate
Milk or Lactose Free Milk

Choice of Fruit: Apples, Oranges, Diced Pears, Sliced
Peaches, Pineapple Tidbits, Applesauce



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.
Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.