## Welcome to our WHITSONS Breakfast Cafe

## **Summer Meals**



The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
FUEL YOU EAT A HEA	JR DAY THE RIGALTHY BRE	GHT WAY. AKFAST!	1 WG Cinnamon Toast Crunch Cereal & Juice Graham Crackers	2 WG Oatmeal Round & Juice	3 WG Apple Cinnamon Muffin & Juice Graham Crackers	4 WG Blueberry Muffin & Juice Graham Crackers
5 WG Fruity Cheerios & Juice Graham Crackers	6 WG Cocoa Puffs & Juice Graham Crackers	7 WG Bagel w/ Cream Cheese & Juice	8 WG Banana Muffin & Juice Graham Crackers	9 Multi-Grain Cheerios & Juice Graham Crackers	10 WG Cinnamon Toast Crunch Cereal & Juice Graham Crackers	11 WG Oatmeal Round & Juice
12 WG Apple Cinnamon Muffin & Juice Graham Crackers	13 WG Blueberry Muffin & Juice Graham Crackers	14 WG Fruity Cheerios & Juice Graham Crackers	15 WG Cocoa Puffs & Juice Graham Crackers	16 WG Bagel w/ Cream Cheese & Juice	17 Multi-Grain Cheerios & Juice Graham Crackers	18 WG Cocoa Puffs & Juice Graham Crackers
19 WG Bagel w/ Cream Cheese & Juice		21 Multi-Grain Cheerios & Juice Graham Crackers	22 WG Cinnamon Toast Crunch Cereal & Juice Graham Crackers	23 WG Oatmeal Round & Juice	24 WG Apple Cinnamon Muffin & Juice Graham Crackers	25 WG Blueberry Muffin & Juice Graham Crackers
26 WG Fruity Cheerios & Juice Graham Crackers	27 WG Cocoa Puffs & Juice Graham Crackers	28 WG Bagel w/ Cream Cheese & Juice		30 WG Cinnamon Toast Crunch Cereal & Juice Graham Crackers	31 WG Oatmeal Round & Juice	
	are Simply Rooted® in foo our menus are nutritious		Breakfast Price		Available Daily	



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Breakfast is available at NO
CHARGE to any children until
the end of the school year.
Additional Grain offerings
available daily

Alternate choices of Fruits Including Fresh Apples, Oranges, 100% Fruit Juice, Canned Peaches, Pears and Pineapple Tidbits. Choice of Milk includes 1% White Milk or Fat Free

Chocolate Milk

Menus subject to availability of product

Wegetarian





